Script: How to Gather Experience (Part II)

Hello Everyone,

My name is Sukyi Naing...

I'm an alumna of both Cerritos College and UC San Diego, where I earned a BS in Psychology..

This is the second part of our 'Gathering Experience' series and

Focus

I will be discussing how to pull together your relevant experience.

The significance of the term "gather" is that experience is something you probably already have

Step 1
Step 1
Create a list of experiences you have acquired
- Student government
- Volunteering
- Even class projects
- This will come in handy for resumes/CV's, while networking
- It may also help you determine what you want to acquire next

Step 2
2
Determine what type of experience you want next
- This step is important as setting goals can provide structure and direction
- If you're unsure of what to pursue next, remember that..
  - brainstorming and seeking mentorship goes a long way

Step 3
Step 3
A critical piece of gathering experience is networking, since approximately 75% of jobs and other opportunities are acquired this way

- It can be done virtually through LinkedIn, Portfolium, Facebook, etc.
- You can then develop these connections in person, which helps put a face to your name.
- Take time to network with your instructors and other professionals in person as they may serve as valuable resources to connect you with people in the area you are pursuing.

Networking

Expanding your network can be achieved with anyone
- Ranging from your peers and team members to professors and advisors of an organization you are a member of

This concludes Part II: how to Gather Experience

I'm Sukyi Naing and Thank you for joining me...

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